

Up the Creek Race 2019

1.0 Rules

These Instructions are a supplement to, and should be read in conjunction with, CYC's Club Racing Notice of Race & Sailing Instructions 2019.

Where the Club Racing Sailing Instructions and this supplement conflict, this supplement takes precedence.

2.0 Schedule of Racing

The Up the Creek Race will replace the scheduled Long distance race only if RO agrees weather conditions permit. The Up the Creek Race will be held on Saturday 31st August – HW 1300 (5.2m). Tide height of over 4.0 m should exist between 1130 and 1500.

Competitors may start at any time from **1120**

3.0 Fleet Designation

The Up the Creek is a General Handicap race. The Fleet flag will be Naval Numeral 0

4.0 Course

The following marks must be rounded to starboard and may be rounded in any order:

Fishbourne, Quay (Bosham), Stanbury and Church.

4.1 The Thorney "Goal Posts" at the entrance to the Thorney Channel shall be passed on the deep water (channel) side.

4.2 When sailing east to west, South West Pilsey shall be left to starboard.

4.3 When sailing west to east, East Head shall be left to port.

Note: *Fishbourne dries out and is only navigable two hours either side of high water.*

5.0 Starting Procedure

All competitors must sign on for the race on the sheets located in the Sloop. Regardless of the time competitors start you must inform the RO of your intention to race by 1100 hrs

Competitors may start at any time from 1120

Naval Numeral '0' flag will be flown from 1115 until all competitors have started.

To ensure their start time is recorded competitors should inform the Race Officer of their intention to start shortly before proceeding to the line. Competitors are advised to record their start time.

Boats will be timed from their first crossing of the start line from east to west – there are no restarts. The Race Officer will make one sound signal when a boat starts. The Start line is the Club Line extended as far as CYC Perch.

6.0 Finishing

The Finish line is the Club Line extended to Perch passed from West to East.

All competitors must sign off after the race on the sheets located in the sloop within 30 minutes of finishing.

7.0 Time Limit

The time limit is 6 hours. (Note sunset is 1949).

8.0 Prizes

The winner on corrected time will receive the Up the Creek Trophy. Other prizes may be awarded at the discretion of the Committee.

9.0 Special Notes.

1. CYC will endeavour to provide nominal safety cover, but this is NOT guaranteed.
2. This race may take over four hours to complete and competitors should provision accordingly.
3. Competitors are advised to contact CYC if they are still racing after 1600.
4. Competitors ARE REQUIRED to contact CYC /Race Officer if they are unable, or do not intend, to return to the Club. To contact CYC telephone 01243 512918 or VHF channel 37A