



## FROZEN MEALS

### 9.30AM - 4.30PM

MEMBERS RECEIVE A 20% DISCOUNT ON ALL PRICES BELOW

#### MIXED FISH & PRAWN BAKE £11.25

NATURAL SMOKED HADDOCK, SALMON FILLET, COD AND PRAWNS BOUND IN A WHITE WINE & PARSLEY VELOUTÉ, TOPPED WITH CREAMY MASHED POTATOES.

#### LAMB HOT POT £11.25

DICED LAMB & FRESH VEGETABLES IN A RICH MINTED LAMB SAUCE, TOPPED WITH SLICES OF POTATO.

#### BEEF & BEER STEW & HERB SUET DUMPLINGS £10.25

TENDER PIECES OF BEEF AND MIXED VEGETABLES COOKED IN BEER GRAVY, SERVED WITH HOMEMADE SUET DUMPLINGS

#### BAKED PASTA BOLOGNAISE - £9.50

FRESHLY COOKED PASTA MIXED WITH A BOLOGNAISE SAUCE AND TOPPED WITH FRESHLY GRATED CHEESE

#### BAKED THREE CHEESE & BROCCOLI MACARONI - £10.25

CHEDDAR, BRIE & BLUE CHEESE SAUCE MIXED WITH MACARONI & BROCCOLI FLORETS AND TOPPED WITH FRESHLY GRATED CHEESE.



Vegetarian



Egg Free



Gluten Free



Dairy Free



Vegan