

CYC RISK ASSESSMENT COVID 19

Title: Coronavirus – Reopening of the changing rooms, toilets and Showers	Date of initial Assessment: 17/07/2020	Risk Assessor: GM
	Revised: on 28/09/20	
Risk Assessment Reference: CYC Covid 19 – staff and members	People involved in making this assessment: GM, SI,	
Task/ Process: Operation during Coronavirus pandemic	People at Risk: Club Members, Club Staff, Guests or Visitors	

Hazard: Uninformed users (Members and Staff)

Covid 19 infection due to failure to follow guidelines.

Pre mitigation measures score: High

Control Measures:

1. Specific procedures and measures to reduce the risk of spreading Coronavirus have been circulated and can be found on the CYC website. These are based on NHS, Public Health and Government guidance. They are kept updated to reflect any changes in the official advice and guidance.
2. Every member of staff has been consulted and fully briefed to ensure that they are aware of the hazards and risks and understand the rules and procedures we have put in place.
3. Members have been sent the link to the COVID19 guidelines and are reminded to familiarise themselves with them on a weekly basis.
4. Communication posters are displayed throughout all premises, to remind users of the procedures in place including Social distancing
5. Plans and procedures have been communicated with all active staff.
6. To prevent non-members using the facilities, the sloop doors will be kept shut and access will be made either via the keypad or the swipe card reader.
7. Members should bring face covering to use when visiting the Club
8. PPE is worn by all staff

Post mitigation score: Medium to Low

Hazard: Tea Bar Preparation Areas

Potential risk or transfer of virus through cross contamination

Pre mitigation measures score: High

Control Measures:

- 1 The tea bar is currently out of bounds and should not be used
- 2 All equipment has been removed and the boiler has been switched off

Post mitigation score: Medium to Low

Hazard: Close contact

Members and Staff visiting the Club may be at risk of exposure to other Staff or members who are carrying coronavirus, knowingly or unknowingly.

Pre mitigation measures score: High

Control Measures

1. Members and Staff are reminded to avoid close face-to-face contact or touch and follow the 2 metres social distancing rule.
2. Physical contact, such as handshakes, hugs, pat on the back, etc. is to be avoided.
3. Directional signage is in place on all floor areas to allow for social distancing.
4. One-way systems are implemented (where applicable) to allow for social distancing. This is denoted by signage, posters, or hazard tape.
5. In situations when social distancing is not possible, members and staff should wear face covering.
6. Controls are implemented on all access and egress to buildings.
7. Members and staff should wash/ sanitise their hands when entering the Sloop using the sanitisers provided by the Club
8. Members and Staff should check in, on each visit to the Club, using the NHS Covid 19 app

Post mitigation measures score: Medium to low

Hazard: Communal facilities, changing rooms/showers/toilets.

Risk of overcrowding in changing rooms, toilets and showers and cross contamination from equipment, surfaces, etc. that may have been touched or otherwise contaminated by coronavirus and create a risk to health.

Pre mitigation measures score: High

Control Measures:

Use of the changing rooms and Toilets

1. Reduced number of changing stations available in both male and female changing rooms. Users limited to 5 at a time in the male changing rooms and 3 at a time in the female changing rooms.
2. Toilets and changing areas are cleaned daily to a higher specification
3. Supplies of soap and sanitising agents are provided and regularly topped-up. NHS, Public Health, and hand washing advice posters displayed
4. Ensure Social Distancing is maintained by staying within the marked changing zones
5. Users are required to wear facial coverings when entering the sloop and the changing rooms
6. Users are reminded to adhere to the maximum capacity in the changing rooms
7. All users must assume that all key contact surfaces (toilets, sinks, door handles, soap dispensers, etc.) could be contaminated and therefore use sanitisers provided or wash their hands as soon as possible after touching such key contact surfaces.
8. All users are requested to keep the toilet clean after use.
9. All users are instructed to ensure that the toilet lid is in the closed position before flushing to prevent aerosols becoming airborne and contaminating the facilities with potential pathogens.
10. All users are instructed to clean their hands before and after using the toilet, by washing their hands with soap and water for at least 20 seconds.
11. All users must assume that all key contact surfaces (toilets, sinks, door handles, soap dispensers, etc.) could be contaminated and therefore sanitise or wash their hands as soon as possible after touching key contact surfaces.
12. Changing rooms are for essential use only. Members are asked to spend as little time as possible in the changing rooms to prevent queuing.
13. Self-sanitisation of changing stations must be carried out by users before and after use.
14. Changing rooms must be kept clear of personal items, once changed. All personal belongings must be stored elsewhere, e.g. in car.
15. All users must assume that all key contact surfaces (toilets, sinks, door handles, soap dispensers, etc.) could be contaminated and therefore sanitise or wash their hands as soon as possible after touching such key contact surfaces.
16. Extensive communication done via OnBoard, Flag It Up, Dinghy WhatsApp groups and Club website to publicise the procedures in place

Turn overleaf for showers

Showers

17. Reduced number of cubicle showers now available (3 in the ladies and 4 in the gents) – The communal showers in the ladies have been closed and partitions have been installed in the gents to provide 4 showering areas. Disabled showers are also available.
18. Shower curtains have been removed to reduce contact points
19. Squeegee and disinfectant are provided for self-sanitation before and after use
20. Showers that are not to be used have been capped.
21. Users are always reminded to maintain social distancing including going to and from the showers.

Post mitigation measures score: Medium to Low

Hazard: Waste

Ill-health because of the transfer of coronavirus and other pathogens through cross contamination after contact with waste (accidental or otherwise).

Pre mitigation measures score: Medium

Control Measures:

1. Waste bins are provided in the sloop and toilets.
2. Members are instructed to not put their hands directly into general waste bins or receptacles as they may contain contaminated products, food, or tissues.
3. Members are instructed that disposable tissues should be used when coughing and or sneezing and put directly into a waste bin, preferably bagged, or pocketed and taken home.
4. All waste bins and receptacles are carefully and safely emptied daily by staff, wearing appropriate PPE
5. Members are required to have consideration with regards to discarded tissues, food, tins etc. to prevent cleaning staff being accidentally contaminated or injured.

Post mitigation score: Low

Documents Associated with this Risk Assessment:	Bright HR, HM Gov guidelines, Business Safe
Review Date: 28/09/20	Reviewer: MJ